



#jointheexodus

## What Do I Worship?

Identify what captures your heart. Jesus teaches us that our use of time, money, and speech indicate where your heart is. Spend some time thinking about how you spend these things. As the Holy Spirit puts things on your heart, write them down here.

My Time

***For where your treasure is,  
there your heart will be also.  
(Matthew 6:21)***

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My Money

My Speech

***For out of the abundance of the  
heart the mouth speaks.  
(Matthew 12:34b)***

## The Altars and the Exodus

We live immersed in our culture. Take some time to allow God to show you if your heart is captured by one of these cultural altars, and see if he invites you to the way of the sojourner and exile who is a citizen in the Kingdom of God (1 Peter 2:11).

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### Body and Sex

*A focus on sexual desire or beauty, expressed in cultivating an appearance for others to seek acceptance and be an object of desire, or on objectifying a person.*

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### The Exodus Alternative

*But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart." (1 Samuel 16:7)*

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### Big Business

*A drive for success and comfort, and conversely avoiding hardship and economic inequality, that lead to making money as a primary concern.*

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### The Exodus Alternative

*And calling the crowd to him with his disciples, he said to them, "If anyone would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?" (Mark 8:34)*

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## Entertainment

*Not only an escape from the stresses and strains of everyday life, but also the desire to experience hopes and dreams that will transcend it through music, film, video games, and literature.*

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## Politics

*A trust in the ideals (e.g. Bill of Rights), power, and parties (e.g. Democrat, Republican) of government resembling a sacred respect and holding in governmental power a hope for societal progress.*

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## Sports

*The thrill of the win that manifests in devotion to athletes and dedication to teams.*

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## Science

*A faith that scientific knowledge and application of that knowledge in technology will lead to self-realization and progress.*

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## The Exodus Alternative

*Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. (Philippians 4:8)*

*Set your minds on things that are above, not on things that are on earth. (Colossians 3:2)*

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## The Exodus Alternative

*Jesus answered, "My kingdom is not of this world. If my kingdom were of this world, my servants would have been fighting, that I might not be delivered over to the Jews. But my kingdom is not from the world." (John 18:36)*

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## The Exodus Alternative

*Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. So I do not run aimlessly; I do not box as one beating the air. But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified. (1 Corinthians 9:27)*

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## The Exodus Alternative

*The words of the wise are like goads, and like nails firmly fixed are the collected sayings; they are given by one Shepherd. My son, beware of anything beyond these. Of making many books there is no end, and much study is a weariness of the flesh. The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil. (Ecclesiastes 12:11-14)*